



**Course Title:** 'Parenting the child with Specific Learning Difficulties'

**For:** Parents of children diagnosed with a learning disability or related disorders [developmental language delay, ADD, ADHD.]

**Purpose:**

- To develop non-academic areas of competence, such as life skills, social skills, sports, art or music that will provide the individual with a feeling of competence and promote self-esteem.
- To empower the parent to skilfully and appropriately manage behaviour
- To understand specific learning difficulties and support by providing a conducive environment to promote good study habits.

**Eligibility:** Good understanding of English with the ability to communicate ideas and thoughts during the learning process.

**Duration:**

- 12 sessions - 3 hr theory classes
- Classes held once a week : either on Wednesday or Saturday mornings

**Methodology:**

- Individual case study
- Resource person guided learning - strategy heavy, practical examples
- Parent will maintain a Journal
  - document notes
  - try out strategies, document results
  - case presentation end of each module



**Modules and Schedule at a glance:**

Modules	Topic	Assignments	Case Study Presentation
1	Overview of SLD / ADHD Parent Perspective Assessment Parent Support	✓	
2	Life Skills	✓	✓
3	Social Skills	✓	✓
4	Behaviour Management	✓	✓
5	Oral Language	✓	✓
6	Reading	✓	✓
7	Handwriting	✓	✓
8	Spelling	✓	✓
9	Writing	✓	✓
10	Math	✓	✓
11	Study Habits	✓	
12	Counselling/ Parent Support	✓	